



QUEENSLAND FOSTER AND KINSHIP CARE IN PARTNERSHIP WITH AUSTRALIAN CHILDHOOD TRAUMA GROUP



australian
childhood
trauma
group

PRESENTS

WEBINAR SERIES



Queensland
Foster and
Kinship Care

MAD BAD OR SAD?

A PATHWAY TO HEALING FOR CARERS

It's conclusive - childhood trauma caused by sexual, physical, emotional abuse or neglect 'changes the brain' in ways that impact a child's ability to form strong relationships and be the 'boss of their feelings'



GETTING STARTED

PREPARING YOUR MIND AND BODY TO CARE

Wednesday 4th May 7pm-8:30pm

In this webinar we will explore how to use your mind so that you can be the water on the fire and not the fuel when caring for children who have been harmed. We will consider some foundational aspects of what carers and workers require to give good care.



JOINING TOGETHER

HOW RELATIONSHIPS FORM FOR CHILDREN

WHO DO NOT TRUST ADULTS

To care for children, no matter your role, carer, teacher, or worker, the relationship you form will be at the centre of the work. Harmed children will not take easily to your desire to get close and will often 'fight' you. Here we think about 'how to fight' without drawing blood.

Wednesday 13th July 10.00am-11:30am

ENVIRONMENTS FOR CHANGE

CREATING A HEALING ENVIRONMENT FREE OF SHAME

Wednesday 7th September 10.00am -11:30am

Children who come into your care are likely to experience intense shame and therefore the environment you create will need to respond to this. Healing is sequential, safety first, storytelling second and change third. In this session we will explore how to achieve this.

WHAT TO DO AND WHEN TO DO IT

TURNING A BAD SITUATION INTO A POSITIVE OUTCOME

Wednesday 12th October 10.00am - 11.30am

Children in care will fail to meet our expectations at times, abuse is painful and what is in needs to come out. How we respond to children's behaviour will determine how the 'demons' of their abuse will appear before us and change over time. We will consider 3 practice models to help us make good choices when children are challenging us.

THE PRACTICE OF RHYTHM

A FRAMEWORK FOR CARING

Wednesday 9th November 10.00am - 11.30am

In this final webinar in the series, we will bring together all the learnings from this webinar series and present a framework that you can employ in your day-to-day work with harmed children. Regulating emotional states, Homely and Safe Environments, Yummy Food, Therapeutic Change Planning, Healthy Body, Mind and Spirit and Maintaining the RHYTHM.



Gregory Nicolau is a Consultant Psychologist and Founder of Australian Childhood Trauma Group (ACTG). He is also the Founder of Ripple Connect, the inventors of Ripple, a technology that monitors mental health and wellbeing. Gregory has a 40-year history of working with vulnerable and marginalised groups in direct clinical application, secondary consultation to the sector and policy development, training, and research. He has an exceptional reputation for managing the most complex cases and situations in a compassionate and focused manner with an unwavering commitment to achieve best outcomes. He is transparent in his interactions and can challenge as appropriate. He has a national reputation as an engaging speaker and trainer. He is an innovator and is driven by ACTG's mantra, "Every child has the right to feel safe and to thrive".

RSVP:

www.qfkc.com.au/training